



Information for Juniors 11th September 2011

Sunday Training Sessions

Venue: Wyndley Leisure Centre Synthetic Pitch.

Training and Membership Fees

To be paid as a single cheque payment or by monthly standing order for the season.

1st Child £96 full season (£12 per month for 8 months standing order)
 £152 for 2 children (£19))
 £208 for 3 children (£26))

New Juniors

The first time you attend training we ask you to fill in a registration form which gives us your details. The first three sessions for new members will be **FREE**. Following this period of time you would join for the season by paying a Training and Membership fees. For those attending for the first time after Christmas the Training Fees are reduced to account for the shortened season.

Timing

FROM SEPTEMBER 2011 TO APRIL 2011

9am – 10.30am

Session dates

September 18th to December 18th
January 8th to April 8th 2012

Please check the website for cancellations due to inclement weather –
www.suttoncoldfieldhc.co.uk

Junior Age Group Categories

These are now by school year

U8s – up to year 4

U10s – year 4/5

U12s – year 6/7

U14s – year 8/9

Coaches

As always we have an enthusiastic group of coaches ready to help you and you should report to them each week when you arrive..

Head Coaches – Mandy Davies, Mark Davies, AJ

Under 8 - Peter Westbrook

Under 10-

Under 12-

Under 14 -

Goalies -

Safety /Security on Arrival

Juniors will not be allowed onto the Astroturf until there is someone to supervise them. Please stay with your son or daughter until you are satisfied that we are ready to start. This is for everyone's safety.

Please DO NOT go onto the astro until you have signed in

Inclement Weather

Hockey is a winter sport and is not stopped by rain. Frost and snow can stop the pitch being available so please check that the session is on before leaving your child if it is frosty. We will do our best not to be deterred by the weather! The website will be updated by 8.30am at the latest if the session is cancelled due to bad weather. We will also endeavour to send a text if sessions are cancelled. Please check the website if in any doubt:

www.suttoncoldfieldhc.co.uk

Kit and Equipment

Drinks

We would suggest you bring something to drink with you each week. Preferably squash diluted with water. This will help keep you topped up with fluids and help you run during the session. (Fizzy drinks are not recommended.) **Safety First: Do not bring glass bottles!**

Clothing

It can get very cold at Wyndley even on bright days. Please make sure you have something warm to wear so you don't get cold between activities. Your SCJHC sweatshirt and head gear can be useful.

In addition to your stick we **strongly recommend you wear shinpads and a gum shield**. We rely on parents to encourage this SCJHC does not accept liability for accidents/injuries, howsoever caused. We also recommend Astroboots or trainers and astrogloves. Ordinary gloves are also important on cold days -

No jewellery or watches or earrings (boys and girls) are to be worn as these can be damaged or cause injury.

Team Kit

These are:

Home Top - Red shirt with navy-blue trim

Away Top - White shirt with red trim

Blue shorts or skort

Pair of Red Socks (home)

Pair of White Socks (away)

Other – hoodies/rain jackets

You must wear this kit for matches. It is your responsibility to make sure you have the appropriate kit for any matches you play.

You are only able to purchase kit from Sportology. – Mere Green.

www.sportologyonline.com , phone, 0121 308 7449, email,

sportology@gmail.com .No other local sports shop will stock the official Junior kit.

Your Belongings

You are responsible for your own belongings. Your coach will allocate an area for your group's belongings, near by your group and the perimeter fence.

They should be safe but everyone should collectively keep an eye on them.

Your Security

If you need to go to the toilet this is inside the Leisure Centre. You need to go to reception to get the code for the door. However you must tell your coach who will either go with you or make adequate arrangements for your safety.

Matches & Away Fixtures

We are planning a complete fixture list against our rivals for all age groups and will involve all who are keen to play in competitive matches. Watch out for the fixture list for details. These will be both home and away and will be posted on the website www.suttoncoldfieldhc.co.uk

Health Concerns Knocks/Illness and Injury

Please inform our coaches about anything that will restrict your child's participation in Sunday coaching. If you have an injury that does not stop you

attending but needs to be looked after, let your coach know at the start of the session. If you cannot attend a match due to illness or injury please call your group coach. Our policy is - If in doubt the junior does not play. We want to look after your long term welfare and do not want you "injured" for longer than necessary.

Any "on the day" injuries will be dealt with by the Leisure Centre staff, under the supervision of the coach/appropriate adult.

Spectators

We welcome support from parents. Please feel free to watch the session. All types of feedback is always welcome.

Organisation and Committee

The sessions are taken by volunteer coaches who do it for **free**.

The training sessions are run by a committee namely:

CHAIRMAN	Mark Perraton-<markpp@sky.com>
VICE CHAIR	Simone Richardson garryr@blueyonder.co.uk
HEAD COACHES	Mandy Davies-mandy.davies3@homecall.co.uk> Mark Davies-MarkDavies@ramora.co.uk> A.J. - <ali.james@btinternet.com>
SECRETARY	Rebecca Backhouse -backhouse@talktalk.net
FINANCE	Jackie Hendley - jackie.hendley@kpmg.co.uk
FIXTURES SECRETARY	Peter Westbrook -peter@key-performance.com>

Please feel free to contact any member of the committee if you would like an issue to be raised.

Guidelines to reduce the risk of Abuse.

Information for Parents and Juniors

Children should be given every opportunity to learn that no-one has the right to do anything to them that makes them feel uncomfortable. They should be taught and encouraged not to put up with any behaviour from adults or children within the club that makes them feel threatened. When groups of children are together and activities open to scrutiny, abuse is less likely; the more open we are the less likely that any misunderstandings will occur. There are certain areas of risk and we have responded to these as follows:

Bullying

Bullying will not be accepted or condoned.

All forms of bullying i.e. physical, verbal, racial or sexual will be addressed and any incident will be discussed initially with the parents of all involved.

Non disclosure

- Sutton Hockey Junior Hockey Club has designated Peter Westbrook the first line of response for dealing with any concern about child protection.
- Do not accept verbal, physical or emotional abuse from adults or other children.
- To make it well you have to tell.

Arriving and leaving the training session

This is the responsibility of parents to supervise or make arrangements. Always ensure the session is running, especially during periods of bad weather.

Going off the pitch for any reason including the toilet Juniors must inform an adult and go in a group U8 juniors will be accompanied by an adult/helper.

Travelling to away matches and travelling to tournaments

Do not leave children until travel arrangements are complete.

This is to ensure that:

(i) there will always be more than one adult accompanying a team; parents may be asked to help regarding this.

(ii) there is, if necessary, both a female and male adult accompanying a team.

(iii) coaches/helpers do not carry one child on his/her own in a car, without the permission of that child's parents.

(iv) Parents must ensure that booster seats are provided to the driver of their child.

It will often be easier to arrange a collection point to and from which children may be driven by parents. Drivers should ensure they have adequate insurance, that they do not exceed the stated number of passengers for their vehicle and that seat belts are worn.

Online information

Player/team photographs are taken for publicity and our website.

Names may appear in the match reports but no names will be attached to photographs.

When registering, parents are asked to sign giving permission for this.

Recruitment of Volunteers

They will complete a registration/self-declaration form.

They will be advised of and agree to abide by the club's code of conduct.
Their details may be checked with the Criminal Records Bureau.

Useful Phone Numbers:

Wyndley Leisure Centre 0121 464 7742

Sutton Hockey Club Juniors Conduct Code

- Juniors play for fun and enjoyment and winning is only part of it. Never ridicule or yell at players for making mistakes or losing a match.
- Welcome other teams and their coaches and applaud good play by both teams.
- Juniors learn best by example. Do not publicly question umpires' judgment, and never their honesty.
- The rules of the game are mutual agreements which no-one should evade or break.
- Encourage Juniors to play according to the rules and condemn deliberate breaches. Be generous with praise when it is deserved for effort and skill.
- Insist that Juniors use protective equipment such as shinpads, gloves, gumshields and suitable footwear in order to enjoy hockey with safety.
- Only reasonable demands will be made on Juniors' energy, time and enthusiasm for hockey.
- Ensure that all players get an equal opportunity to take part and that talented players are not over-played at the expense of others.
- All adults involved with the Juniors should set a good example in their behaviour, dress, use of equipment and language.
- Coaches will follow the guidelines in 'Information for Coaches'.